

Autism and Gender Dysphoria: 5.7% of Autistic Children Struggle With Gender Identity

This article on Autism and Gender Dysphoria is offered by Autism Parenting Magazine Author, Emily Ansell Elfer.

Are people on the autism spectrum more likely to have gender identity confusion? This question is being posed more and more as gender dysphoria sees increased coverage in the media and people become more accepting of gender diversity.

Hoping to answer this question, *Autism Parenting Magazine* (APM) sent a survey to more than 160,000 email subscribers around the world, gathering exclusive insight into gender and autism.

A total of 72.4% of respondents identified themselves as autism parents, while the remaining participants were grandparents, full-time carers, teachers, therapists, doctors, or individuals on the spectrum.

When asked “Is your child struggling with their gender identity?” 5.7% of respondents answered “Yes”. When this is compared to [DSM-5](#) data stating gender dysphoria is present in 0.005–0.014% of biological males and 0.002–0.003% of biological females globally, it does seem gender dysphoria is higher in the autistic community than in the general population.

To read the full article please click [here](#).

If you need support in getting a specialist independent placement for an autistic child or young adult, we can help. Click below for our Autism Schools and Colleges Placement Support Service.